**Deafblind Scotland**

**September 2025 Newsletter**

**Activities in-person at DBS centre, Kirkintilloch**

**Every Monday 10am – 12pm**

**Scrabble and Chess**

**Monday 25 August – Monday 08 September**

**Recyke-A-Bike**

Cycling on a side-by-side bike at DbS centre. Times will be allocated throughout the day.

**Tuesday 02 September, 16 September,**

**07 October and 21 October 1pm – 3pm**

**Craft Class** with Andrea from Sight Scotland.

**Every Thursday 10.30am – 12pm**

**Walking Group**

**Friday 5, 12, 19 September and 03rd October 10am - 11.30 am**

**Singing Class** - Connection, not perfection
Join us to share the joy of singing. No experience needed. We sing to feel good and connect with others. How it sounds doesn’t matter - what matters is how it feels.

**On-Line Zoom Classes**

**Monday afternoon - CBS Group**

**25 August – 22 September 2pm – 3pm**

Fortnightly discussions online about Charles Bonnet Syndrome. Esme’s Umbrella will be giving a talk during the session on 25 August.

**Meeting ID: 884 4476 0495**

**Passcode: DBS**

**Every Thursday 11am – 12pm - Quiz**

**Zoom Meeting ID: 876 4249 8273**

**Passcode: DBS**

**Every Friday 2pm – 3pm - Bingo**

**Zoom Meeting ID: 912 1837 5953**

**Passcode: DBS**

**One-Off Events**

**Tuesday 23 September – Gardening**

**10am – 12pm**

**Wednesday 24 September - Cooking**

**10am – 12pm**

**Tuesday 30 September – Bushcraft**

**1030am – 1pm**

Join us around the campfire for another great bushcraft session at Pollok Park.

**Tuesday 28 October – Falls Prevention Talk**

**2pm – 3.30pm**

**Afternoon Tea at Home**

Do you enjoy an afternoon tea, but you’re not able to get out much? We have fresh afternoon tea boxes that can be delivered to your home for yourself and a family/friend/carer to enjoy. They can serve 2, 3 or 4 people, and will be delivered on a day that suits you. Contact Ruth Hart information@dbscotland.org.uk or phone 0141 777 6111. Boxes will be allocated on a first come first served basis.

**VisionZone 2025 with Deafblind Scotland**
**Wednesday 3 September – 10am to 2pm**

**The Mitchell Library, Moir Dyer Room,**

**North Street, Glasgow, G3 7DN**

Discover assistive technology, support, services, and local groups. VisionZone brings together top charities and organisations supporting people with sight loss.

**Donation**

We have been donated a Concerto DAB/FM radio CD/USB/SD card player. If interested, please email info@dbscotland.org.uk or phone 0141 777 6111.

**Join the Edinburgh Wee Wander – Free Places Available!**Take part in the 5-mile Kiltwalk on Sunday 14 September, starting at Trinity and finishing at Murrayfield Stadium. No fundraising target, but any donations from friends and family are greatly appreciated. To sign up, contact Donna at 0141 777 6111 or email businessdevelopment@dbscotland.org.uk

**UK Emergency Alert Test – September**
The UK government will run a test of its mobile emergency alert system this September.
Messages will focus on supporting vulnerable groups. British Sign Language resources will be included to ensure accessibility.

<https://www.bbc.com/news/articles/c4ge9xk8wj0o>

**Visually Described Tour, City Art Centre, Edinburgh, Friday, 19 Sept 2025, 2pm**

Described Tour in association with the exhibition ‘Out of Chaos: Post-War Scottish Art 1945-2000’.

<https://www.edinburghmuseums.org.uk/whats-on/described-tour-blind-and-partially-sighted-visitors-out-chaos-post-war-scottish-art-1945>



Scottish Charity SC031167